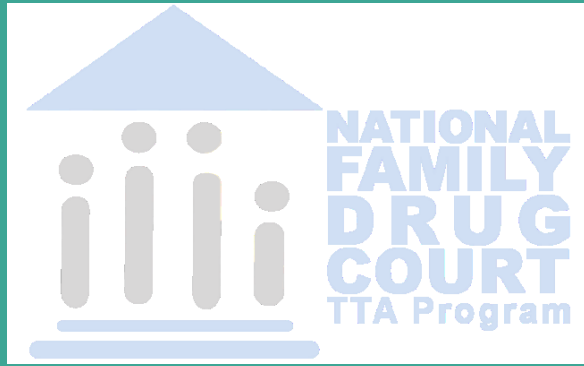
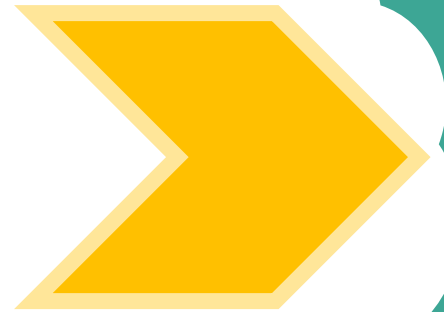


Ready-Set-Go!



5 Key Planning Decisions

**As You Successfully Launch Your
Family Treatment Court**



Center for Children and Family Futures

Wisconsin Association of Treatment Court Professionals Conference | May 8-10, 2019



Acknowledgement

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Office of Juvenile Justice and Delinquency
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This project was supported by Grant #2016-DC-BX-K003 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs, U.S. Department of Justice. The opinions, findings, and conclusions or recommendations expressed in this publication/program/exhibition are those of the author(s) and do not necessarily reflect those of the Department of Justice.



Learning Objectives

- **Identify key decision and planning points for all Family Treatment Courts (FTCs)**
- **Explore the important role of governance structure, leadership, and data during the planning process**
- **Learn from the experiences of FTC teams that have successfully launched a FTC and hear about a newly published resource, *Family Drug Court Planning Guide***



Raising the Bar!

National Family Treatment Court Best Practice Standards



Standards & Provisions
*Soon to be
Released!*

NADCP 2019 | All Rise | Better Together

1

Do you need a Family Treatment Court?

Using data to establish need for FTC



8,700,000 children

Statement of the Problem

How many children in the child welfare system have a parent in need of treatment?

- Between 60–80% of substantiated child abuse and neglect cases involve substance use by a custodial parent or guardian (Young, et al, 2007)
- 61% of infants, 41% of older children who are in out-of-home care (Wulczyn, Ernst and Fisher, 2011)
- 87% of families in foster care with one parent in need; 67% with two (Smith, Johnson, Pears, Fisher, DeGarmo, 2007)



Today:

Over 730 children
will be removed
from their parents

This hour:

30 children will be
removed; 5 of these
will be babies
under age 1



Children of Parents with Substance Use Disorders Experience Poor Outcomes

- Lower likelihood of successful reunification
- Behavior challenges and parentification
- Difficulty in school
- Developmental delays
- Lack of immunizations
- Children tend to stay in the foster care system longer than children of parents without substance use disorders
- They become our parents in the future if there is no intervention

Outcomes for Foster Youth

- More likely to commit a crime (Male 4X, Female 10X)
- 25% experience homelessness within 4 years
- 48% male foster youth unemployed
- 5x more likely to develop PTSD
- 7x rate of drug dependence
- 2x rate of alcohol dependence
- 25% graduate are in college (vs 41% general population)
- 33% male rely on government services to meet basic needs
- 75% female rely on government services to meet basic needs

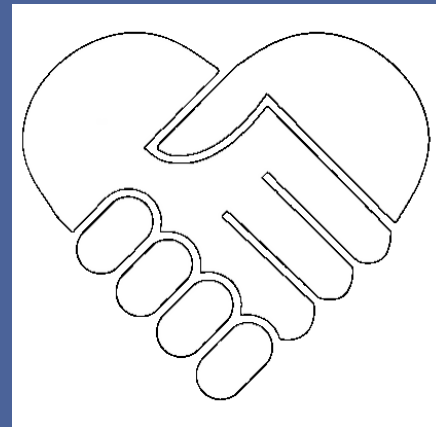


They become our parents in 5-10-15 years

Family Drug Court Model

Judicial Oversight

Comprehensive Services



**Drug Court
Hearings**

**Therapeutic
Jurisprudence**

**Intensive Case
Management &
Recovery Support**

**Enhanced
Family-Based
Services**



- **Recovery**
- **Remain at home**
- **Reunification/Time to
Permanency**
- **Repeat maltreatment**
- **Re-entry into out-of-
home placement**

How do you know.....

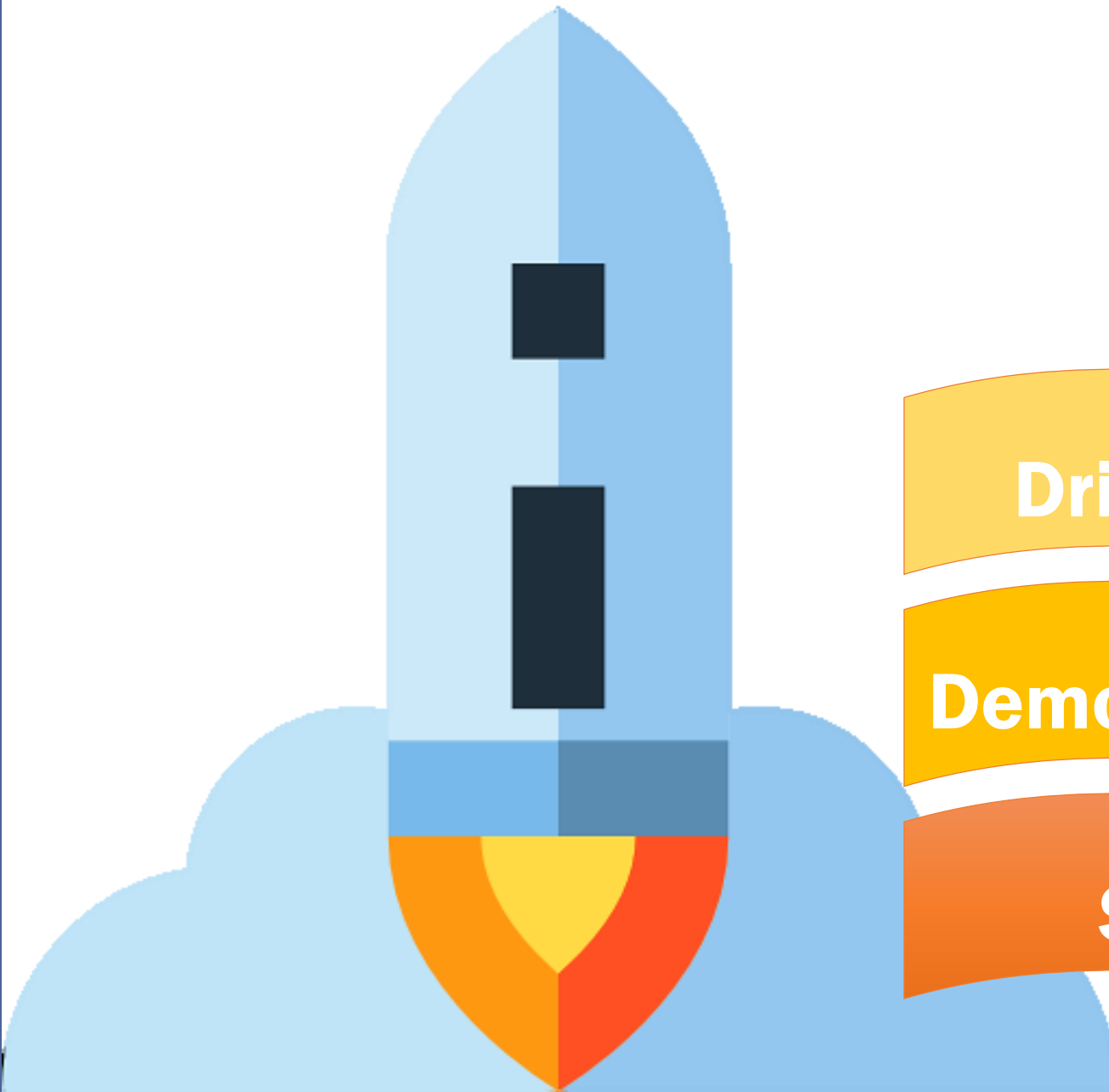
How will you.....



- How are families doing?
- Doing good vs. harm?
- What's needed for families?
- Monitor and improve performance?
- Demonstrate effectiveness?
- Secure needed resources?



**What proportion of
the total CWs
population will your
FTC serve?**



as Fuel

Drive decision-making

Demonstrate effectiveness

Secure resources

2

**How will you organize
your work?**

Establishing a governance structure

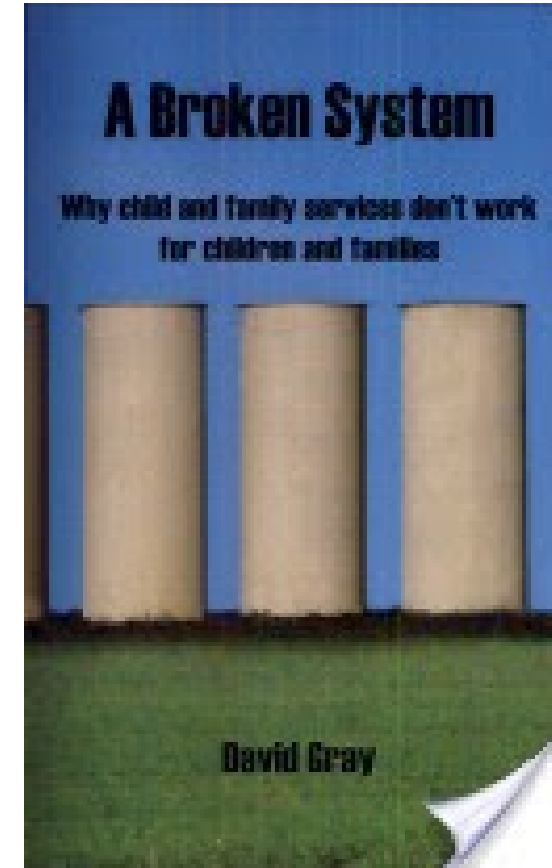
Involved in Systems That Struggle to Serve Them



The lack of coordination and collaboration across child welfare, substance use disorder treatment, and family or dependency court systems have hindered their ability to fully support these families.

A Broken System: Why Child and Family Services Don't Work for Children and Families

- We've created a system that **pays more attention to money and services** than it pays to children and families.
- In those few cases where children and families do get all the help they need, it's most likely because **someone working inside the system bends or breaks the rules that get in the way when you try to help.**
- **Inventing ways to get around the barriers** that prevent you from helping kids and families - may be the **most important work** people do in the system today.

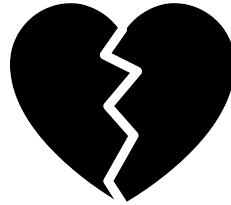


~ Gray, D. (2005)

The Need to Do Better for Families



Substance use disorders (SUDs) can negatively affect a parent's ability to provide a stable, nurturing home and environment. **Most children** involved in the child welfare system and placed in out-of-home care **have a parent with a SUD** (Young, Boles & Otero, 2007).



Families affected by parental SUDs have a **lower likelihood of successful reunification** with their children, and their children tend to **stay in the foster care system longer** than children of parents without SUDs (Gregorie & Shultz, 2001).



The **lack of coordination and collaboration** across child welfare, substance use disorder treatment and family or dependency drug court systems has **hindered their ability to fully support these families** (US Depart. of Health and Human Services, 1999).

How can we do better for families?

- How can we keep kids safe and families together?
- How can we identify parents and get them into treatment sooner?
- How can we strengthen family relationships?
- How can we work together on behalf of families?





What are Critical Components for Effective Governance Leadership?

- Three-tiered structure that includes oversight committee, steering committee and core treatment team
- Cross-systems agency representation with members who have the authority to make needed practice and policy changes
- Collaborative decision making that involves all partners and is not driven primarily by FTC staff
- Defined mission statements
- Regular, ongoing meetings to identify and address emerging issues
- Formal information and data sharing protocols

**Multi-
level**

**Executive or Oversight
Committee**

**Multi-
agency**

**Planning
Team**

**Steering
Committee**

Operational Team

**Multi-
Level**

**Executive Oversight
Committee**

**Steering
Committee**

Operational Team

**Multi-
Agency**

Who? Front-line staff

When? Weekly or Bi-weekly

Purpose?

- Staff cases
- Ensure participant success
- Identify items to be shared with Steering Committee

Operational Team

**Multi-
Agency**

Who? Management-level

When? Monthly or Bi-weekly

Purpose?

- Discuss policy & procedure issues
- Remove barriers to ensure program success
- Review data dashboard to achieve team goals
- Identify items to be shared with Community Advisory/EOC

Steering Committee*

**Multi-
Agency**

**Also referred to as “business meeting” or “policy meeting”*

Five Standing Agenda Items for Steering Committee Meetings



1. Data dashboard
2. Systems barriers
3. Funding and sustainability
4. Staff training and knowledge development
5. Outreach efforts

Executive Oversight Committee

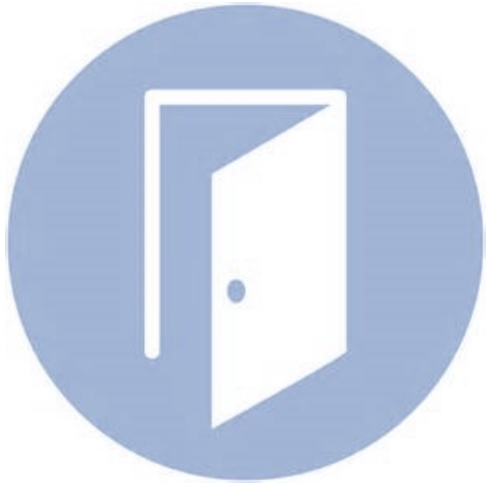
**Multi-
Agency**

Who? Top level leadership, key policy decision-makers

When? Quarterly or Bi-annually

Purpose?

- Think big, think systems' change
- Plan for long-term sustainability
- Final approval of practice and policy changes



Opportunities to Build a Strong Infrastructure

- **Develop a timeline to hold each other accountable**
- **Identify the right people for the right committees and workgroups**
- **Be crystal clear about functions and membership**
- **Need strong leadership to pull and keep momentum in between meetings**
- **Ensure information flow between different committees and the Planning Team**

3

What model will you implement?

Selecting a structural design
for your program

Integrated vs. Parallel

Integrated Model

- **One judge, one court**
- **FTC is embedded into regular dependency dockets with integrated case plans**

Pros:

- **Involves key systems – Court, CWS, Treatment**
- **All-encompassing view of family**

Cons:

- **Ex-parte communication and judicial ethics**
- **Limited scale**

Parallel Model

- **Different judges, separate dockets**
- **FTC is embedded into regular dependency dockets with integrated case plans**

Pros:

- **Confidentiality and protection of “privileged” information**
- **Opportunities to operate at higher scale**

Cons:

- **Communication and information challenges**
- **Can result in duplicative and poorly coordinated case plans**

Key Considerations

- **What is the need of your community or jurisdiction?**
- **Have you identified shared principles and developed goal statements?**
- **Have you weighed the benefits and challenges of each model?**
- **Have you explored all challenges related to information sharing?**

4

How will you set the course for success for families?

Develop key processes for identification, access to treatment, and recovery support



The Adoption and Safe Families Act

ASFA

Time Clock

FTC's goal is safe and stable permanent reunification with a parent in recovery within time frames established by ASFA

No Time to Waste

**Child Welfare –
12-month timetable for
reunification**

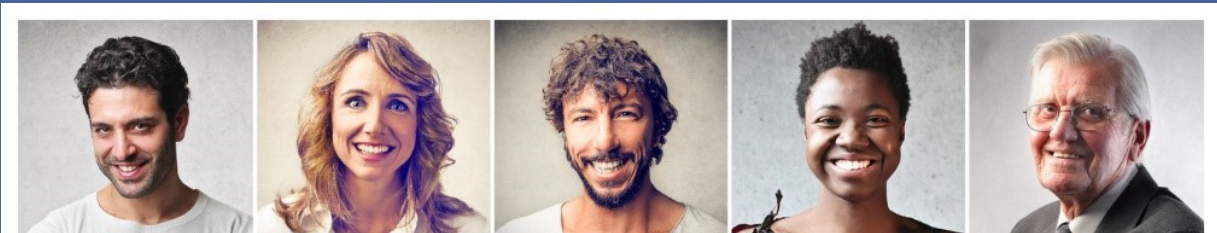
Conflicting Clocks

**Treatment and Recovery –
ongoing process that may
take longer**

**Child Development –
Impact of removal on the child and
parent-child relationship**

Early Identification

- **At the earliest point possible – integrated with risk and safety assessment by CWS**
- **Multi-prong approach – including screening tools, drug testing, reports, and observations (objective vs subjective)**
- **Structured protocols that send clients with positive screening to timely assessment**
- **Warm hand-offs, follow-ups, and communication are critical**
- **Active versus passive engagement**



Who do FTCs Work For?



Studies Show Equivalent or Better Outcomes:

- **Co-occurring mental health problems**
- **Unemployed**
- **Less than a high school education**
- **Criminal history**
- **Inadequate housing**
- **Risk for domestic violence**
- **Methamphetamine, crack cocaine, or alcohol**
- **Previous Child Welfare Involvement**

(e.g., Boles & Young, 2011; Carey et al., 2010a, 2010b; Worcel et al., 2007)

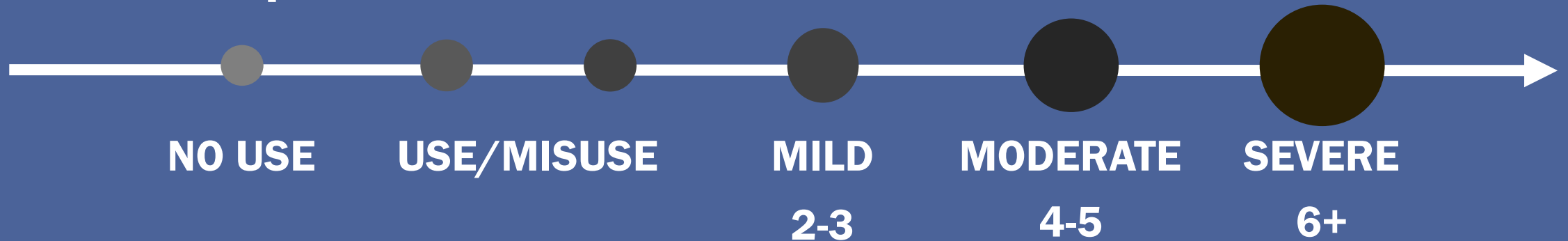
Diagnosing Substance Use Disorders

The Court should ensure that structured clinical assessments are congruent with DSM-V diagnostic criteria

Substance Use Disorders

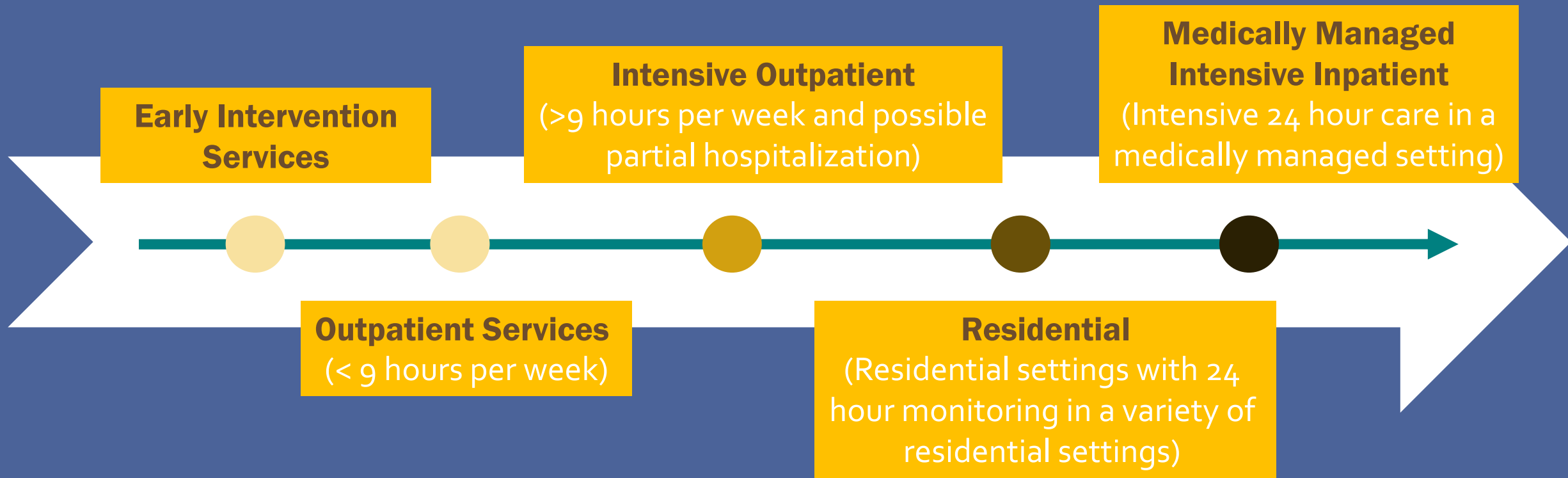
DSM-V

Experimental Use



DSM-V Criteria (11 total)

Levels of Treatment Services Across a Continuum of Care



Source: American Society of Addiction Medicine, 2016

What Do We Mean by Systematic Approach?

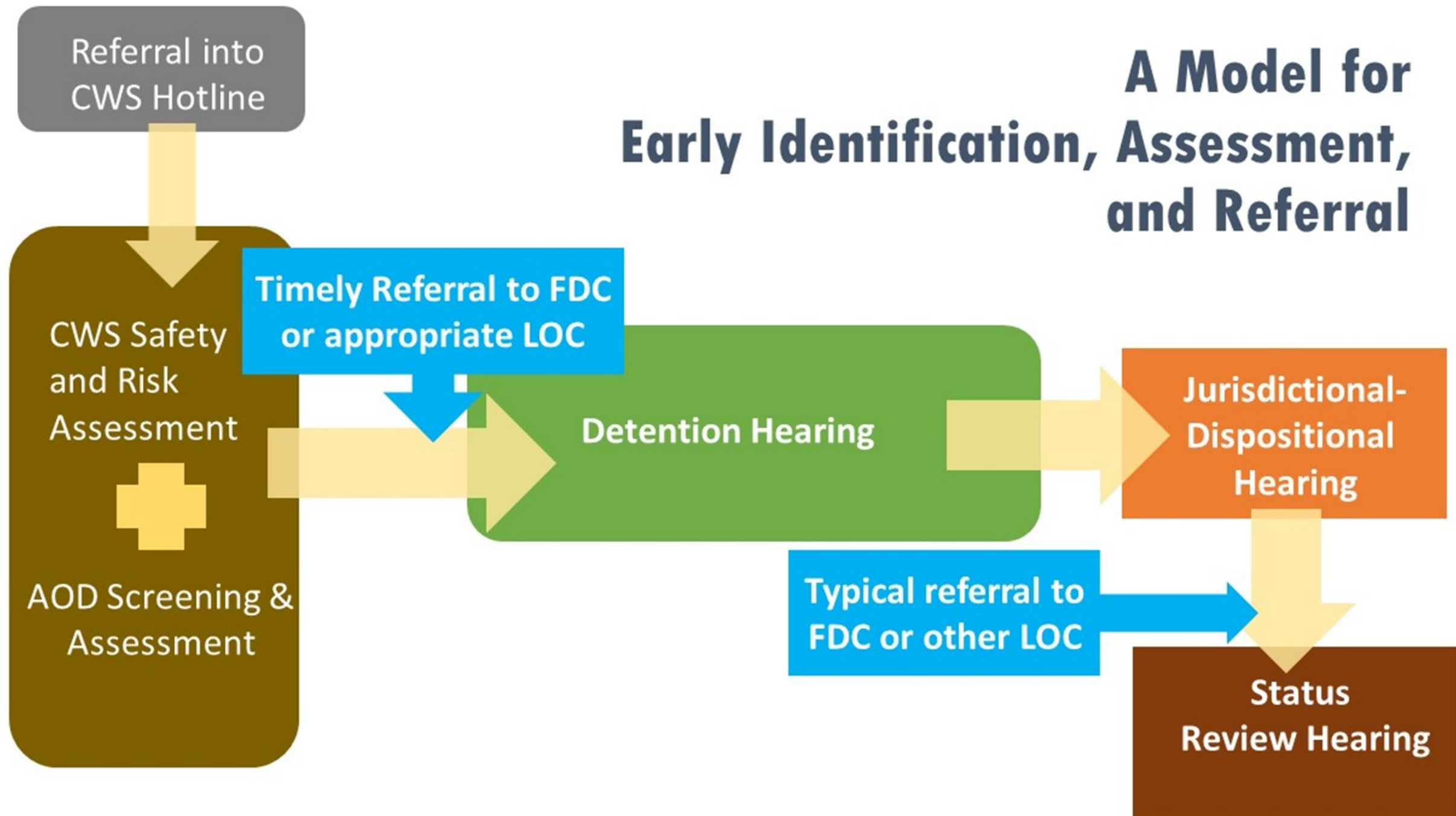
Objective & Systematic

- Clearly defined protocols and procedures, with timelines and communication pathways (who needs to know what and when)
- Eligibility criteria based on clinical and legal assessments
- Match appropriate services to identified needs

Subjective & Informal

- *I refer all my clients because I know the people there*
- *I only refer clients who really want to participate*
- *Let me know when you get in the program*
- *I prefer to refer clients who are doing well on their CWS case plan*
- *I refer all my clients with a drug history*

A Model for Early Identification, Assessment, and Referral



Time To & Time In Treatment Matters

In a longitudinal study of mothers (N=1,911)

Entered substance use disorder treatment faster after their children were placed in substitute care



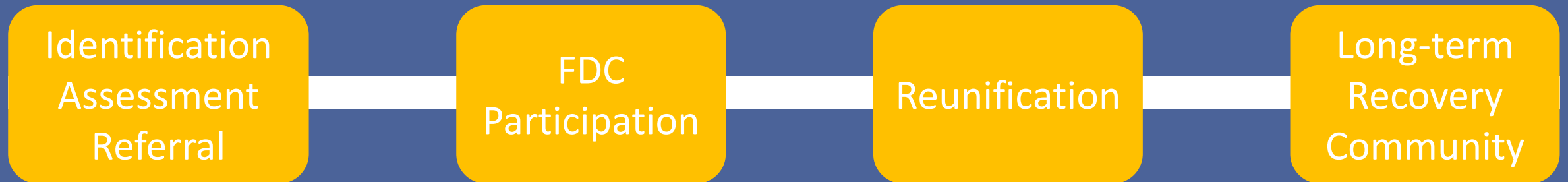
Stayed in treatment longer

Completed at least one course of treatment



Significantly more likely to be reunified with their children

Ongoing Recovery Support



Each phase has its own unique recovery needs and supports

Peer Support

Warm Hand-Offs

Resource Linkages

Recovery Community

- Peer Mentor
- Peer Specialist
- Peer Providers
- Parent Partner

**Experiential Knowledge,
Expertise**

Titles and Models

- Recovery Support Specialist
- Substance Abuse Specialist
- Recovery Coach
- Recovery Specialist
- Parent Recovery Specialist

**Experiential Knowledge, Expertise +
Specialized Trainings**

YOU NEED TO ASK:

What does our program and community need?

Recovery Support Matters

A Randomized Control Trial – Cook County, IL (n=3440)

**Comprehensive
Screening &
Assessment**



**Early Access to
Treatment**

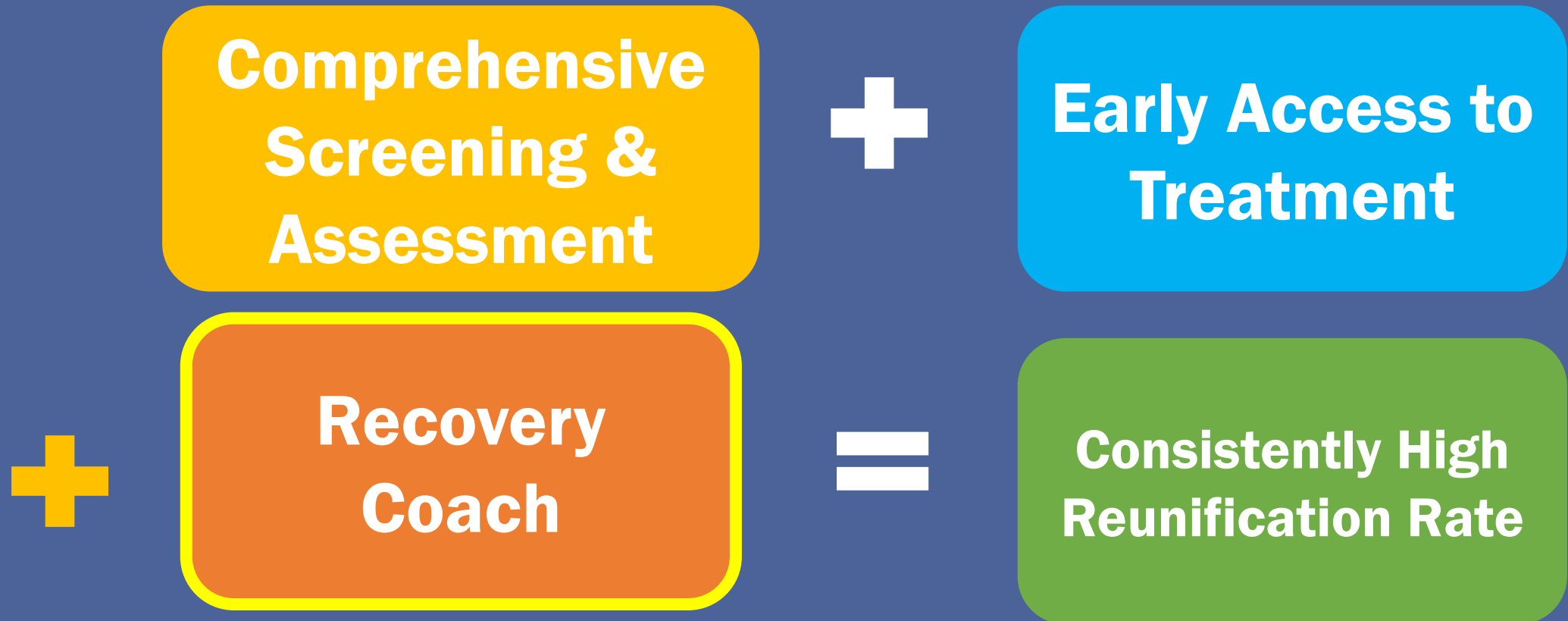


**Consistently High
Reunification Rate**

Ryan, Perron, Moore, Victor & Park (2017) "Timing matters: A randomized control trial of recovery coaches in foster care, Journal of Substance Abuse Treatment (77): 178-184.

Recovery Support Matters

A Randomized Control Trial – Cook County, IL (n=3440)



Ryan, Perron, Moore, Victor & Park (2017) "Timing matters: A randomized control trial of recovery coaches in foster care, Journal of Substance Abuse Treatment (77): 178-184.

System Walk-Through

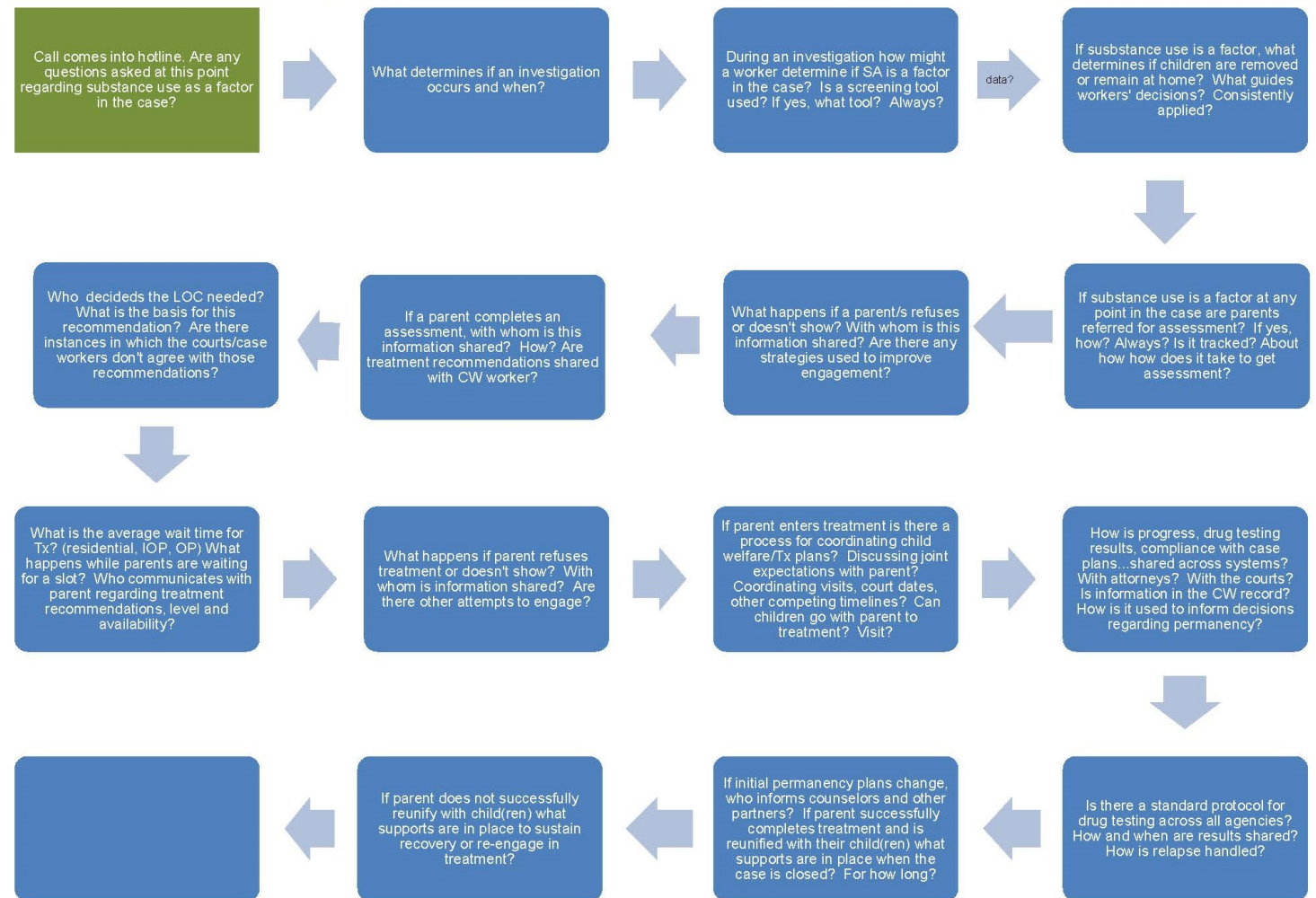
Screening

Assessment

Referral

Monitoring

Flow Chart: Child Welfare Involved Families With Substance Use Disorders



5

**How will you train
stakeholders and
partners?**

Develop a plan for interagency training

Becoming Consumers of Quality Treatment?

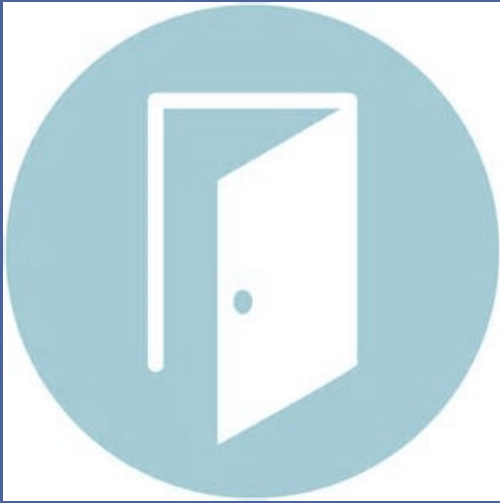
- **Is it evidence-based? Will you offer medication-assisted treatment?**
- **Is it trauma-informed? Will you offer trauma-focused services?**
- **Is it family-centered? Will you offer services to focus on the parent-child relationship?**
- **Is it gender-responsive? Will you offer services specifically on engaging fathers?**
- **Is it culturally competent? How will you serve families of color?**

Understanding Your Partners

- **Legal mandates of each system, including ASFA timelines**
- **Information sharing, including confidentiality regulations**
- **Collaborative values**
- **Collaborative capacities**

Educating Your Community About Your FTC

- **Mission, goals, objectives**
- **Target population, eligibility criteria**
- **Referral process**
- **Phasing system**
- **Case staffing**
- **Court processing**
- **Desired shared outcomes**



Assessing Collaborative Capacity

- **Examine mission & values – where is there agreement and divergence?**
- **Conduct system walk-throughs – how are clients moving through systems?**
- **Conduct drop-off analysis – what happens to clients?**
- **Data profile to establish data baselines – compared to what?**
- **Feedback from front-line staff and providers – what is really happening?**
- **Feedback from clients – what is their experience?**
- **Assess cross-training needs – where are there knowledge gaps?**

**If you want to go fast,
go alone.**

**If you want to go far,
go together.**

African Proverb





**You can
do this.
We can
help.**

Q&A and Discussion



*Highlighted
Resources*

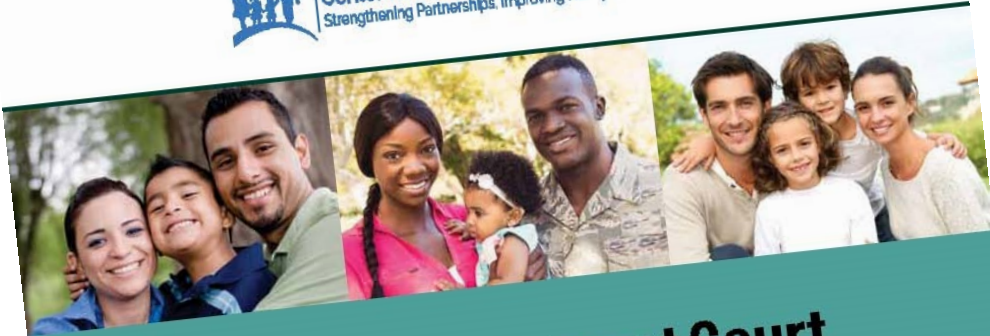




NDCI
NATIONAL DRUG
COURT INSTITUTE



Center for Children and Family Futures
Strengthening Partnerships. Improving Family Outcomes



Family Treatment Court

PLANNING GUIDE

- **Designed to provide step-by-step instructions**
- **Use Guide to gather needed information to present FTC concept**
- **Worksheet Activities**

CALL TO

ACTION GUIDE



READY SET GO!

LAUNCHING YOUR FAMILY DRUG COURT



Here are some suggested steps so you can take what you have learned and put it into action. On the back, you will find a Technical Assistance (TA) Resource to support you taking this step.

1 MAKE YOUR CASE WITH DATA
GATHER KEY DATA TO ESTABLISH THE NEED FOR AN FDC

2 MAP YOUR COMMUNITY
IDENTIFY KEY RESOURCES AND SERVICES AVAILABLE IN YOUR COMMUNITY

3 ESTABLISH STRUCTURE
BUILD A MULTI-AGENCY MULTI-LEVEL FOUNDATION FOR SUCCESS

4 BE A CONSUMER OF QUALITY TREATMENT
SO YOU CAN REFER YOUR PARTICIPANTS WITH CONFIDENCE

5 VISIT AN FDC
NOTHING IS MORE INSTRUCTIVE THAT SEEING AN FDC IN ACTION



Take Action Guide

- Take the next step
- Resources to help you move forward
- Contact us @ fdc@cffutures.org

Family Drug Court *National Strategic Plan*

Vision:

Every family in the child welfare system affected by parental/caregiver substance use disorders will have timely access to comprehensive and coordinated screening, assessment and service delivery for family's success.

Expansion of
FDC Reach

Ensure Quality
Implementation

Build Evidence Base

National Strategic Plan
For Family Drug Courts

MARCH 2017



This project is supported by Award No. 2013-D10-KX-0002 awarded by the Office of Juvenile Justice and Delinquency Prevention, Office of Justice Programs. The opinions, findings, and conclusions or recommendations expressed in this publication are those of the author(s) and do not necessarily reflect the views of the Department of Justice.



<http://www.cffutures.org/report/national-strategic-plan/>

Family Drug Court *Online Tutorial*

Download Flyer in Handouts Panel

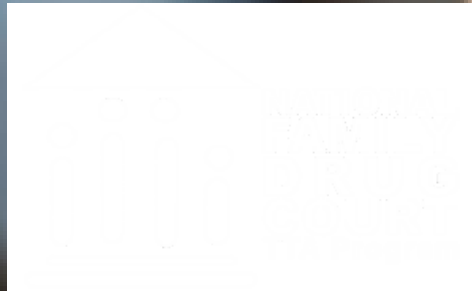
- Self-paced learning
- Five modules cover basic overview of FDC Model
- Certificate of Completion

Start Learning Today



www.fdctutorials.org

Family Drug Court *Orientation Materials*



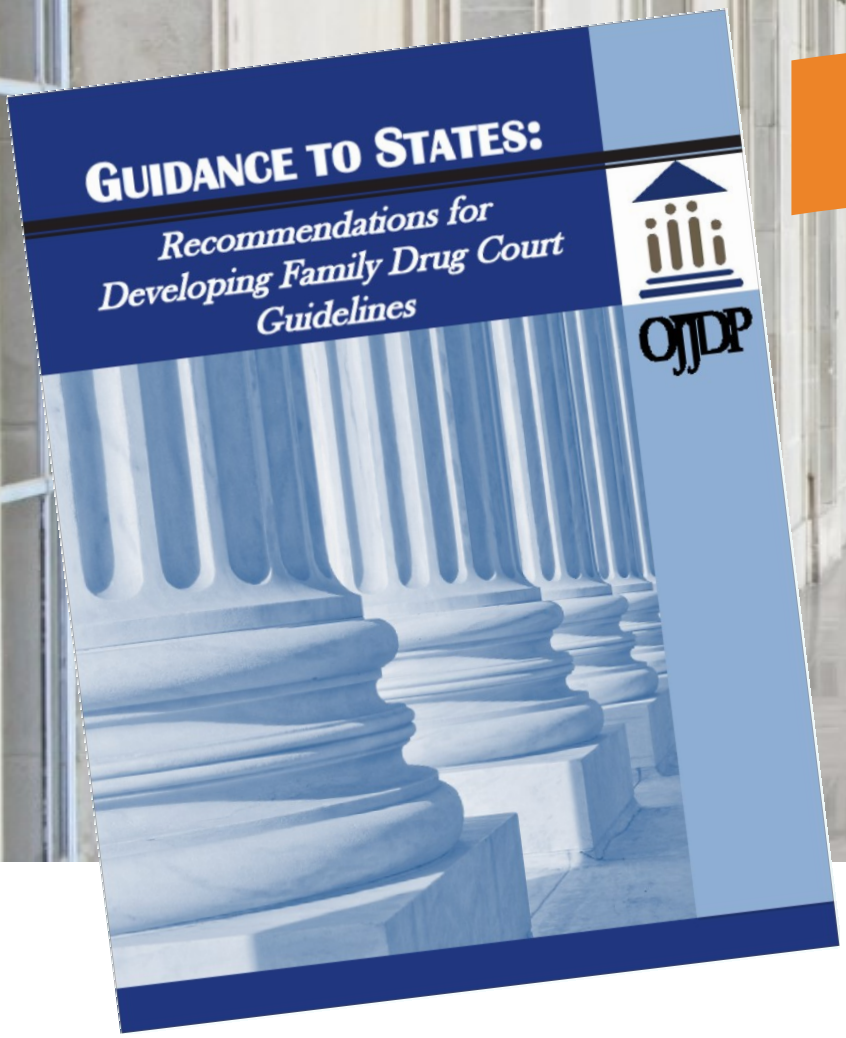
Discipline Specific

Child Welfare | AOD Treatment | Judges | Attorneys



www.cffutures.org/national-fdc-tta-program/

Family Drug Court *Guidelines*



2nd Edition – Research Update



www.cffutures.org/publication/guidance-to-states-recommendations-for-developing-family-drug-court-guidelines-2015-update/



Peer Learning Opportunities



Visit an FTC
as a team

King County, WA

Tompkins County, NY

Wapello County, IA

Sacramento County, CA

Dunklin County, MO

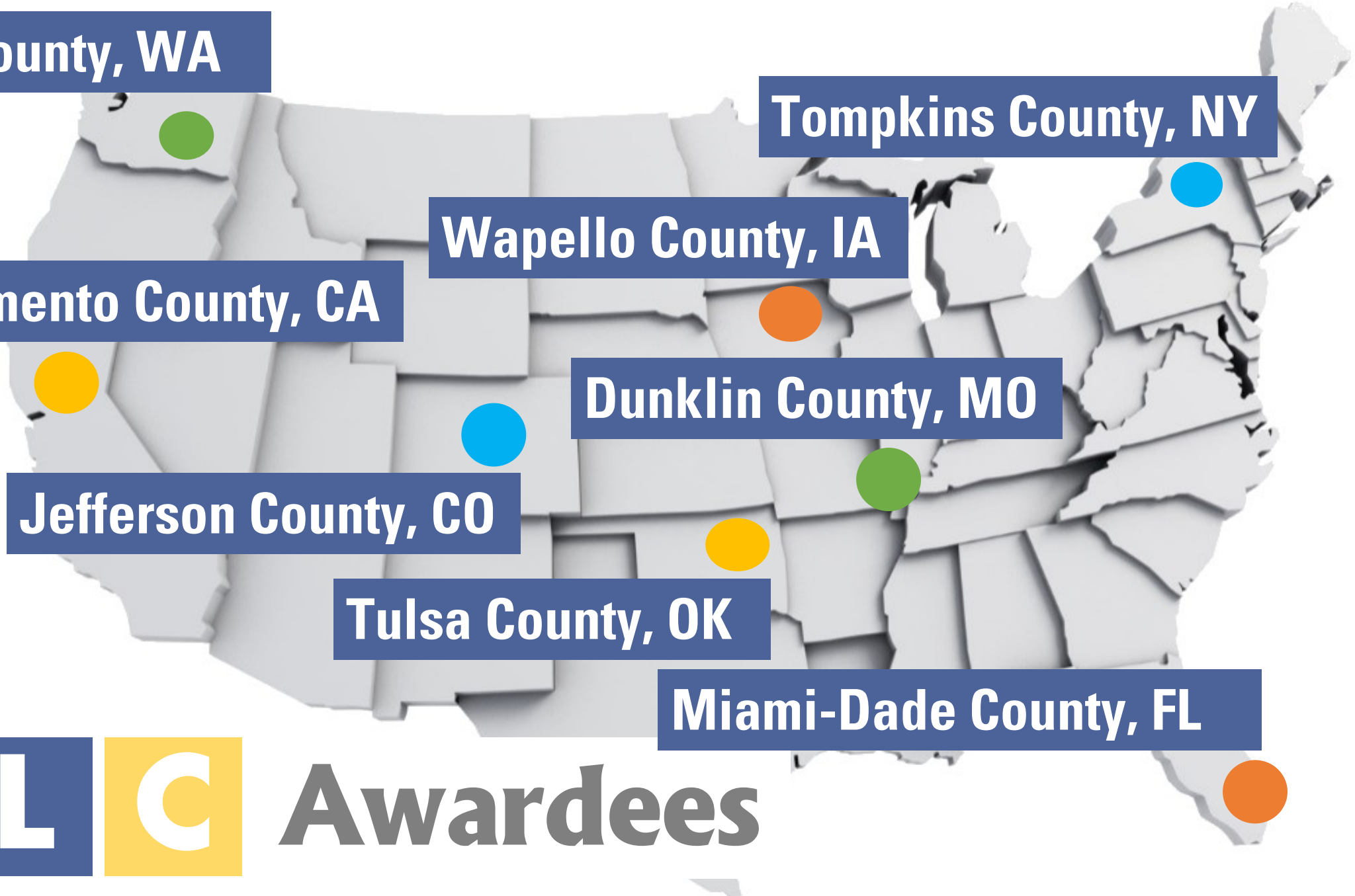
Jefferson County, CO

Tulsa County, OK

Miami-Dade County, FL

P L C

Awardees



Family Drug Court *Learning Academy*

- Over 50 webinar presentations
- Learning Communities along FDC development
- Team Discussion Guides for selected presentations

www.cffutures.org/fdc-learning-academy/



Family Drug Court *Blog*



- Webinar Recordings
- FDC Resources
- FDC News



www.familydrugcourts.blogspot.com

Discussion Guide *Understanding Treatment*



- For Child Welfare and Court Professionals
- Build stronger partnerships with treatment
- Ensure best treatment fit for families



www.cffutures.org

NCSACW Online Tutorials *Cross-Systems Learning*

Understanding Child Welfare and the Dependency Court: **A Guide for Substance Abuse Treatment Professionals**

Understanding Substance Use Disorders, Treatment and Family Recovery: **A Guide for Legal Professionals**

Understanding Substance Use Disorder Treatment and Family Recovery: **A Guide for Child Welfare Workers**

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www.ncsacw.samhsa.gov/training

Contact Information

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www.cfffutures.org

