

H.E.A.T.

Habilitation Empowerment Accountability Therapy

Darryl Turpin, MPA, CADC
Guy Wheeler MSW, CAP, CCJAP

The Pinwheel Group

Disclosure

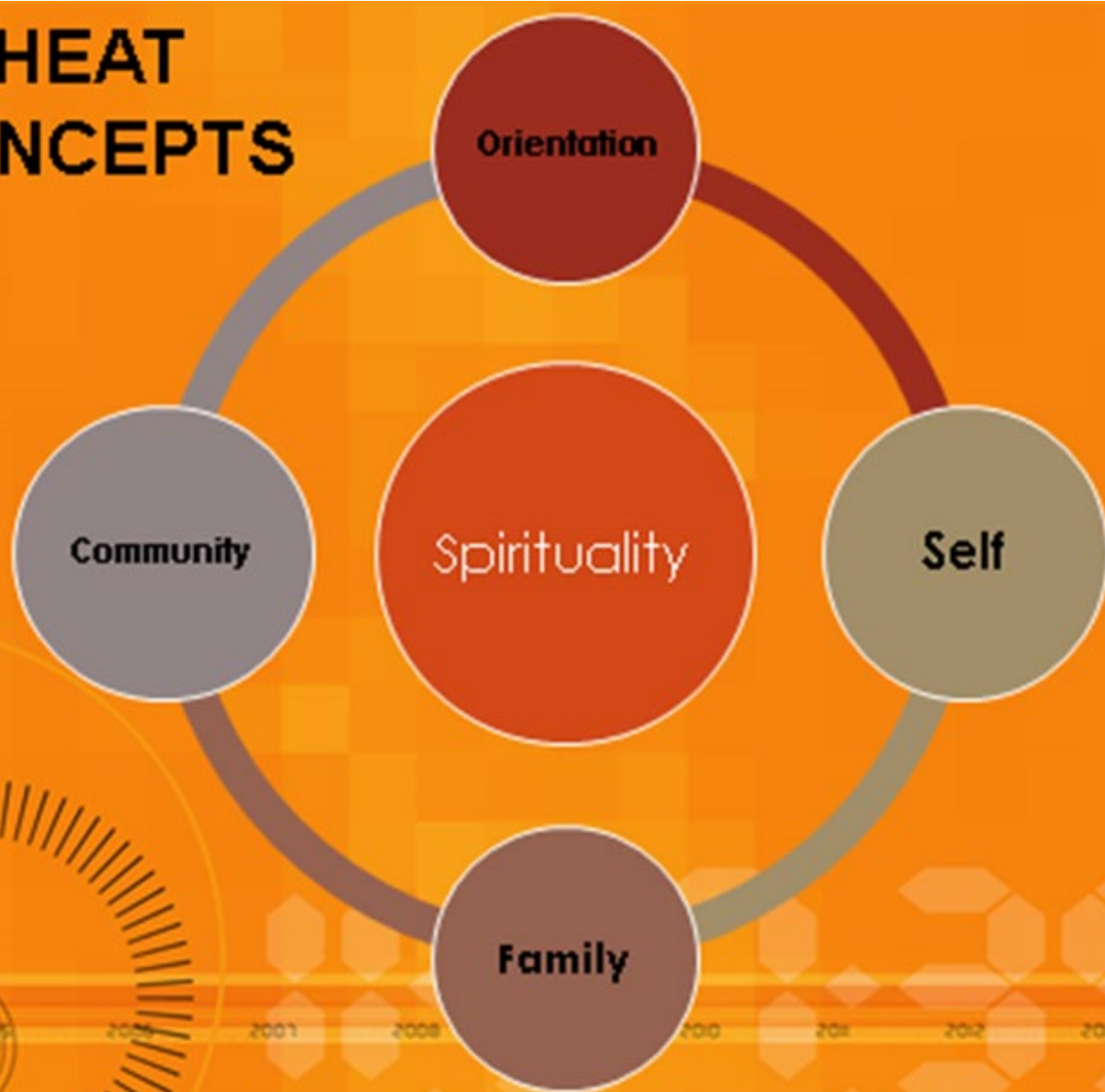
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Points of views or opinions in this document are those of the author and do not necessarily represent the official position or policies of the U.S. Department of Justice.

Homework

Write a 300 word personal narrative on the affect that drugs and alcohol have had on your life family and community

HEAT CONCEPTS



H.E.A.T.

- 18 – 29 year old
- African American Males /Black Males
- Abuse, mild, moderate (some severe) DX
- 9 month (misdemeanors and felonies)
- Risk/Need Analysis (Accountability Emphasis)
- Cognitive based intervention
- Trauma Informed
- Addresses ambivalence and resistance
- Promising practice
- Alexandria LA, Seattle WA, Denver CO, Marion IN, Indianapolis IN, St Louis MO, Beaumont TX, Gary IN, Greenville MS, Springfield MO, Cleveland OH, Portland OR

Habilitation vs. Rehabilitation"

- Treatment providers increasingly note that many clients require "habilitation," not simply "rehabilitation." In other words, some addicted persons have not lost functional capacities and skills as a result of their addiction but have, in fact, never acquired them.
- Many persons, for example, have not acquired the capacity to control impulses or to distinguish between emotional states. Some lack the skills to sustain day-to-day relationships with others, or suffer from Attention Deficit Disorder. The fact that more and more clients suffer from a lack of basic capabilities and skills makes the treatment of the underlying addiction more difficult.

Prosocial Habilitation

Refers to interventions that encourage participants to think before they act, and that teach strategies for resolving interpersonal conflicts and other problems without illegal activity or substance use.

Adaptive Habilitation

Refers to services that address employment, education, and other issues found in criminal justice populations.

Examples include vocational rehabilitation, literacy education, life-skills training, and parenting classes.

PUMPKIN PIE OR....



SWEET POTATO PIE

PETS- African American Summary

- Marijuana is the primary problem substance
- 63% are criminal justice referrals
- Likely to be from single parent homes
- Have high rates of victimization
- High rates of sexual activity
- Less severe substance use symptoms at admission to treatment

Dr Dwayne Williams- Psychologist

- Communalism- bonding – preference for inter-dependence over independence
- Movement-emphasis expressive
- Stimulation – vs. mundane activities

Content and Process

- CONTENT-MANY SCHOLARS EXPLAIN THAT EDUCATORS MUST TEACH BLACK STUDENTS ABOUT SUCCESSFUL BLACK AMERICANS WHO HAVE CONTRIBUTED TO CIVILIZATION.
- PROCESS-HOW YOU IMPLEMENT INSTRUCTIONS AND INTERVENTIONS. MAKE THE INFORMATION RELEVANT

Cultural Relevancy

- PROFESSOR GLORIA LADSON-BILLINGS COINED – ***“CULTURALLY RELEVANT TEACHING”***
- **RESEARCHERS ARGUE:**
 - *..... “students of color disengage in the classroom because they receive an education that DOES NOT speak to their culture, history, experiences, and values*
 - *White & Parham*
 - *(example of culture in the 4th grade Miami Herald)*

Lifestyle

- Does the client have a lifestyle issue or a substance abuse issue?
- Can treatment adequately address the issues of lifestyle if it addresses the issues of substance abuse?

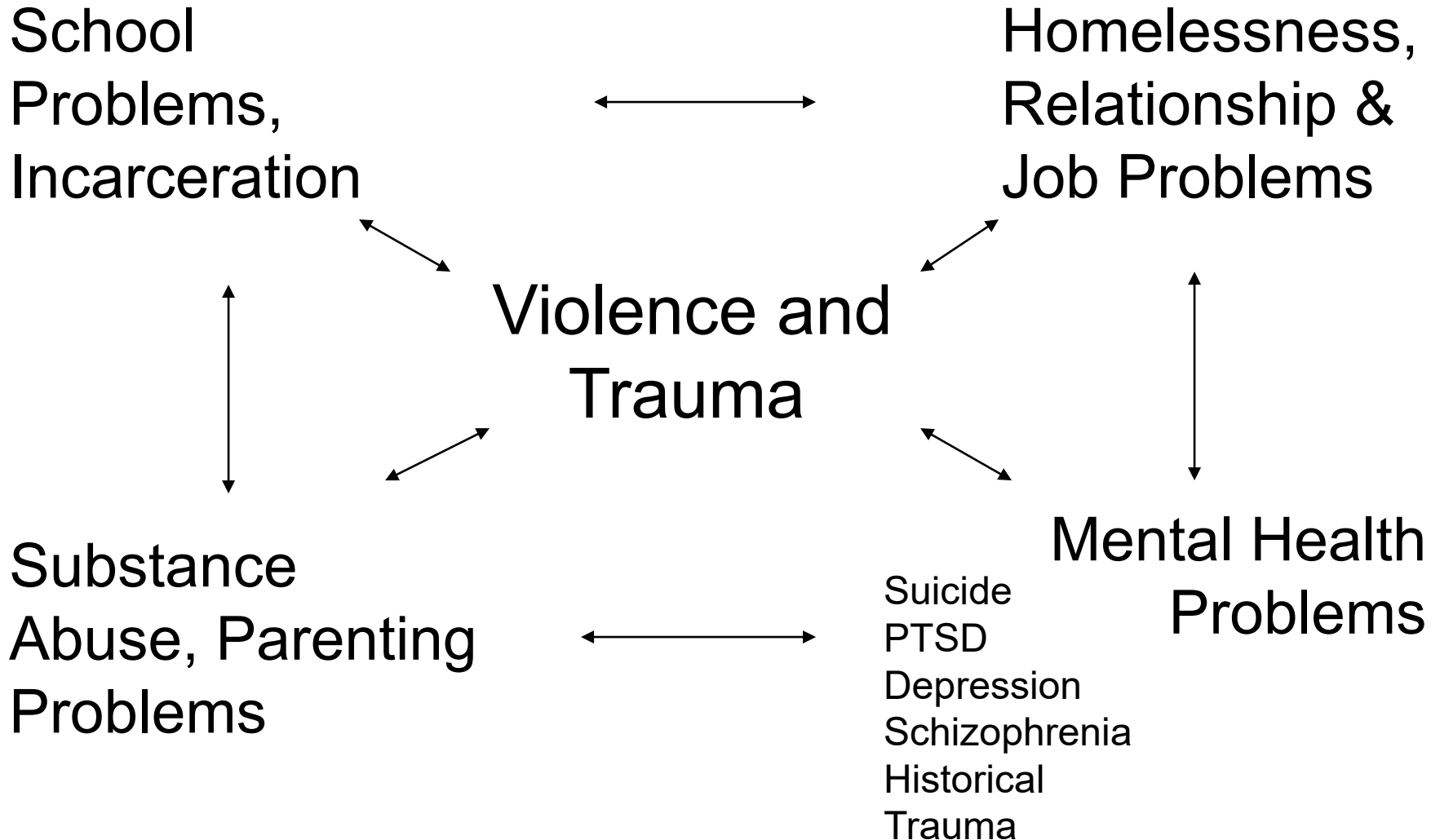
What is Trauma?

- Experiences or situations that are emotionally painful and distressing, and that overwhelm an individual's ability to cope
- Chronic adversity (e.g., discrimination, racism, oppression, poverty)

The Impact of Trauma

- Trauma is cumulative
- Trauma affects the developing brain
- Trauma increases likelihood of health risk behaviors (smoking, drinking, overeating) as means of coping
- Trauma is directly related to mental health symptoms, substance abuse, chronic physical illness, early mortality

Trauma at the Core



Impact of Mass Incarceration

- Mass incarceration affect poor and minority communities in a much more drastic way than the general population.
- 70% chance that an African-American man who does not earn a high school diploma will wind up in jail before he reaches his mid-30's.
- African-American child under the age of 14 has a 50% chance of having his father go to prison. 10% for white children

Brooking's Institution's Hamilton Project May 2015

The New "Jim Crow"

Michelle Alexander



HEAT

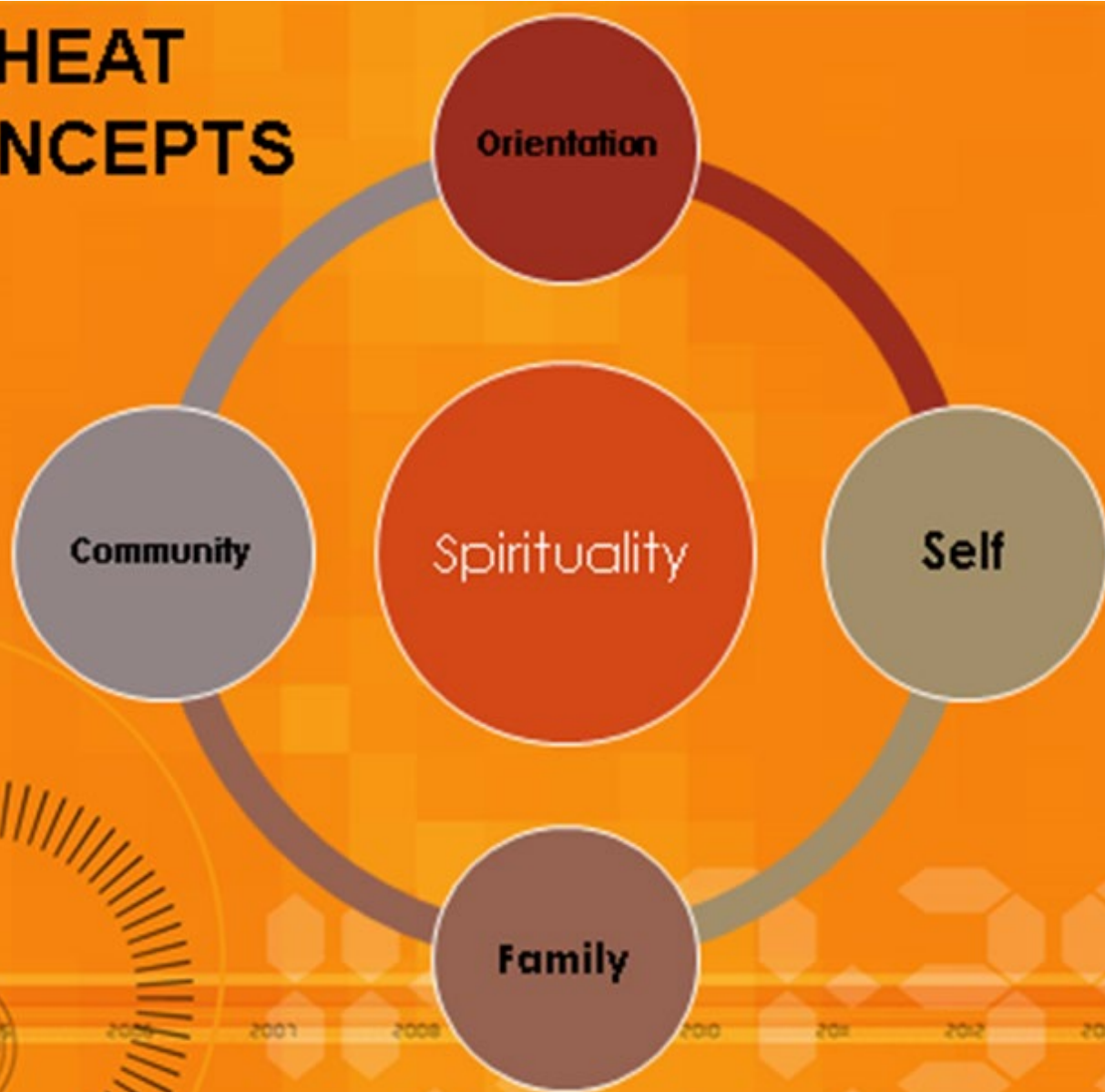
HABILITATION EMPOWERMENT
ACCOUNTABILITY THERAPY



TIME FOR CHANGE

FACILITATOR'S MANUAL

HEAT CONCEPTS



Lexington-Fayette KY Drug Court Study

- Improvements were seen in housing stability and employment
- showed improvements in substance use and mental health
- Increase in drug abstinence
- Reduction in participant depression, anxiety, hallucinations, and violent behavior
- Increases in attendance to non-religious and religious self-help groups and other recovery support

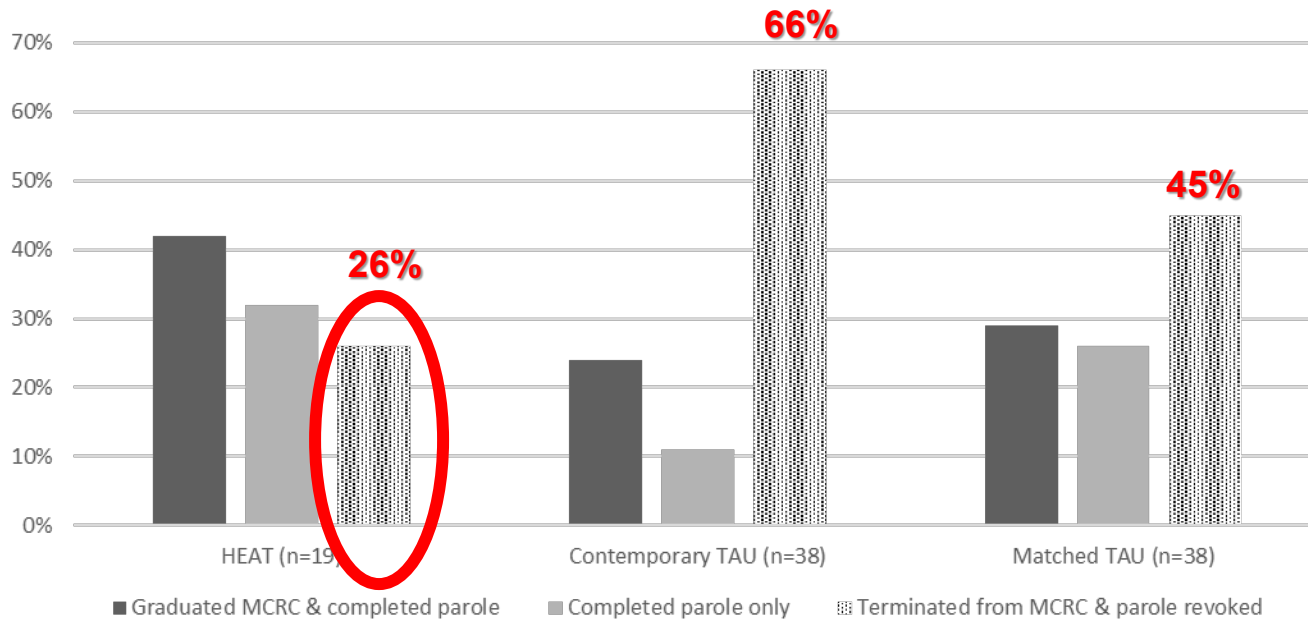
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■ Paradigm

- strength based
- culturally relevant
- empowerment
- self; knowledge of self
- family
- community; collective responsibility
- spirituality; principles to live by

Study : Effect Size (n=19)

- Reentry drug court
- Condition of parole
- Administrative discharge from parole
- Contemporary comparison group (n=38)
- Matched comparison group (n=38)



Lessons Learned

(Clinical)

- Boundaries
- Responds to structure
- Confronting issues
- Risk/ need
- Substance use disorder
- Black male authority
- Gender/ cultural specific
- Lot's of prayer

Lessons Learned (Operational)

- Case management
- Mentoring
- Jobs
- Housing
- Education/ literacy
- Accountability
- Incentives
- Ecumenical group
- Recovery specialist

Orientation

“Point of Engagement”

Self

- Stay Out the HEAT
- Black Manhood
- Decisions
- High Cost of low Livin'
- Messed Up Thinking
- F____ It
- The Last Poets
- Blame
- Survival
- Disrespect
- Hustlin'
- The Ideal Self

Family

- Impact On the Black Family
- Wounded
- Forgiveness
- Enabling and Entitlement
- Absent Father
- Breaking the Chain
- Love or Lust
- Intimate Partner Violence
- Baby Momma Drama
- Fatherhood
- Being an Involved Father
- Strengths of the Black Family

Community

- Safe and Healthy Community
- Institutional Barriers to Equity
- Advocacy, Policy and Social Justice
- Who Are Our Leaders
- My Hood
- Root Causes
- Healing Voices

Spirituality

- Honesty
- Acceptance
- Perseverance
- Accountability
- Hope
- Faith
- Self- Control
- Responsibility
- Forgiveness
- Commitment
- Strength
- Love

Questions and Comments

■ Contact:

Darryl Turpin

www.heattime.com

darrylturpin@yahoo.com.com

502.558.1224

Guy Wheeler

guyawheeler@aol.com

954-797-1617

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