

# ASAM ADULT LEVELS OF CARE

## LEVELS

### LEVEL 1

#### Outpatient

- Less than 9 hours of service per week
- May include individual therapy and group therapies

### LEVEL 2.1

#### Intensive Outpatient

- 9 to 19 hours of service per week
- Includes group and individual therapies

### LEVEL 2.5

#### High-Intensity Outpatient

(Previously known as Partial Hospitalization Program)

- 20 or more hours per week of service
- Does not require 24-hour care

### LEVEL 3

#### Residential

- 24-hour care
- Attends group therapy while remaining in a residential center

### DETOX

#### Detox

- 24-hour care with physician available